

STUDENT WORKBOOK

Teach One Practical Skill

An editable short course workbook

BetterEveryday Studio

Editable example · customize before publishing

Contents

1. Define the skill	3
2. Practice and feedback	5

LESSON 01

Define the skill

Describe what learners will demonstrate

Choose a skill that can be practiced in a short session. Describe a result learners can demonstrate, then list the steps involved. Keep the first example simple enough to explain without extra background.

Show the result before adding detail. Give learners a way to compare an attempt with the example and identify one thing to improve.

1.1 · Which course objective is observable? (1 pts)

- ☐ A. Understand everything.
- ☐ B. Enjoy the topic.
- ☐ C. Draft a three-step plan and explain the sequence.

1.2 · Write an observable objective for a skill you could teach. (1 pts)

Reflect & apply

What will you try next, and how will you review the result?

My next steps

- ☐ Review the main idea
- ☐ Complete the practice
- ☐ Choose a next action

LESSON 02

Practice and feedback

Connect attempts with a clear review

Give learners a task that uses the skill, with clear instructions and a manageable scope. Offer an example and one or two criteria for checking the result.

Use feedback to guide another attempt. Ask learners to explain what changed and choose where they could use the skill next.

2.1 · Which feedback is most actionable? (1 pts)

- ☐ A. Try harder.
- ☐ B. Your first step is clear; add a time for the second step.
- ☐ C. Start over without any explanation.

2.2 · Describe a practice task and one criterion for checking it. (1 pts)

Reflect & apply

What will you try next, and how will you review the result?

My next steps

- ☐ Review the main idea
- ☐ Complete the practice
- ☐ Choose a next action